



Killingworth Young Peoples Club – COVID 19 – Risk Assessment

Activity: Training	Location: Amberley Playing Fields	Date Written: 01/12/2020
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Hazard	Who is at Risk	Control Required	Additional Controls	Who needs to carry out the action?	When is the action needed by?	Done
Equipment	Coaches/Children	Sanitise Equipment before and after each session. Minimum amount of equipment used. Only coaches to collect and handle any equipment used.	Make sure each coach has enough balls and equipment to alternate if doing more than 1 session a night. No children to collect any equipment in at the end of the training session	Coaches	Each training session	
Tested Positive for Covid 19	Anyone who has tested positive	If you have tested positive and self-isolated for 7 days and feeling better you must have been cleared and prove this from the doctors before returning to training or games	Do not attend training or games until you are fully well and all symptoms are cleared. You will not be allowed to train or play games until you have been cleared by a doctor			



Covid 19 Symptoms developed during training or games	Everyone	This will be very unlikely but if player/parent/Ref or coach develop symptoms at training or a game, separate them immediately from the group, if they are really ill call 999, If it is an adult and they are just feeling unwell they can drive home, if a child- the parent is to take them home and follow current guidelines.	If everyone has followed social distance guidelines all others at the session, there is no need to self-isolate	Everyone	All of the time	
Covid 19 Symptoms	Everyone	Anyone that experiences Covid 19 Symptoms should not attend training or games. Get a test and only come back to the club if your test is negative. If you have been in direct contact with a person who has tested positive you must self isolate for 14 days. Even if you get a test and it is negative. If you develop symptoms within the 14 days get tested and if this comes back positive you need	Follow the FA guidance	Everyone	At all times	



		to isolate for 7 days from the positive test. If it is negative you must still fulfil your 14 days isolation.				
Changing Rooms	Players from Senior, Over 40s and reserve teams, referees and coaches	Only used for changing and showering and used as quickly as possible. Stagger the use of the changing rooms where possible and remain at least 1 metre apart whilst changing/showering.	Full clean before and after use for showers and changing area. Open windows and doors whilst in the changing facilities to utilise full ventilation.	Players. Coaches and referees	Every use	
Access	All attending training	One way system to all football pitches and the 3G. All signage to be adhered to and followed by all when entering KYPC	Communicate to parents so they know exactly where to go and what is expected of them. 2 Meter social distancing to be adhered to at all times whilst on KYPC	Club, parents, coaches and children	At every training session a coach delivers And Matches	
Toilet Facilities	Coaches/Children/Parents	There are Portable toilet available in the carpark for people to use.	They will be cleaned.			
First aid	Coaches/Children	Coaches to have First aid kit available.	Do regular checks of kits. Replenish when needed	Committee/ coaches		done



Training facilities	Coaches/Children	Training during the Winter months will be on the 3G. You will be given a designated area to use and please stick to this and adhere to one way system and social distancing rules	Parents to send in the correct area where advised by the coach.		At every training session	
Use of the 3G Facilities	Coaches/Children/Parents	Sanitising station situated with a one way in and one way out	Parents advised to stand back from the fence to allow 1 metre for children to pass if necessary.	Parents, coaches and children	At every training session	
Spectators	Parents	1 parent allowed to watch their child play and to keep to the social distance rules at the side of the pitch at training and at games	Parents to ensure the children are 1 metre apart whilst walking to 3G facilities. If 2 metres available then stay 2 metres. Please stand behind the designated respect line at all times	Parents, coaches and children	At every training session and game.	
Personnel belongings and Behaviour	Coaches/Children	All Children to have full kit on before training, only bring a clearly marked water bottle, no one else to use this water bottle and be kept 2 metres apart. No spitting will be allowed. All boots and kit to be clean before each training session. Boot laces to be fastened.	The information to be communicated to each parent prior to training starting, have full agreement to the new training plan from each parent before allowing the child to train			



		All belongings to be collected at the end of the training session.				
Injury during training	Children/Coaches	Parent/Guardian to be informed and requested to deal with child if an injury occurs. Provided coaches with PPE in case the injury is serious and they can deal with this. Disposable bag to dispose of any PPE used.	Communicate with coaches to ensure they always have PPE before each training session.	Committee		
Administering First Aid	Coaches	Only administer first aid if you are fully trained and your certificate is still in date. When looking after a child please still adhere to the social distance guidance, if anyone is seriously ill or injured during training or a game the first aider must where appropriate PPE equipment. Disposable gloves, apron and mask.	PPE equipment must be disposed off in a bag correctly. All parties to fully sanitise hands after administering any first aid.			
Coach to Child ratio	Children/families/Coaches	Ensuring that all Coaches are sticking to the FA guidelines to 1 coach 5 Children, training 2 metres apart.	No rotation (if more than one coach) or mixing of groups during sessions. Checks by the committee to make sure adherence is met.	Coaches	31 st July 2020	



Coach to child ratio from 27th July 2020	Children/families/Coaches	A group of 30 children/adults can train together. For example: if there are 2 coaches there can be 28 children or if 4 coaches only 26 children.	In training keep to these groups and don't mix with other training sessions. Introduce track and trace to ensure we understand who has been in contact with whom.	Coaches		
Timings of training	Parents/Children/Families	Only having 45 Minute session with a 30 Minute break to allow those to leave and any new training session to come in.	Communicating clearly to parents start and finish times. Will review this after first week of training to see if we need to increase change over time. Coaches to be advised they must stick to timescales	Coaches/parents and children		
Changes to training times from 27th July 2020	Parents/Children/Families	Increase training sessions to 90 minutes if required. With regular breaks. These training sessions can have competitive drills included	During breaks clean any equipment, wipe down balls. Ensure all children use their own drink bottles and no sharing.	Coaches/Children		
Goalposts	Use of goal posts permitted as of 20 th July 2020	Collect the Goal posts from the compound and clean them with the products provided, before putting them back into the compound they will be cleaned again.	Use the products provided by the committee to clean the goals before use and after use.	Coaches		



Games	From 1 st August competitive games	You can arrange a match against another team and play competitively.	Ensure all children and officials and coaches have sanitised before, at each break and after the game. GK to ensure they have cleaned their gloves before each game. Do not swap any kit during the game. Clean the ball during the game when it is convenient.	Coaches/ Children/ officials		
During Games	From 1 st August competitive games	No parents to touch the football when goes out for a throw in, where possible use a new sanitised ball. Reduce the amount of people touching the football.	Have various sanitised balls available to use and any that come off the pitch to be sanitised before used again.	Coaches/ referees/ Children		
Training Facilities	From 20 th July coaches are free to look at what area is free on KYPC to train comfortably	Make sure you have enough room for your training session. Ensuring you are far enough away from other training sessions.	When leaving your training session ensure there is a safe route to exit the premises adhering to the 2 metre rule where possible and if not at least 1 metre.	Coaches/ Children/ Parents		
Tournaments	All attending	Make sure you follow all Covid 19 guidelines that the organiser has put in place, make sure you wash your hands and stay in designated areas.	Take own sanitiser to use regularly	All involved		



Travel to Tournaments	Everyone	<p>Try not to share a vehicle with those outside your household or support bubble. If you need to:</p> <ul style="list-style-type: none">• Share the transport with the same people each time• Open windows for ventilation• Travel side by side or behind other people rather than facing each other• Consider seating arrangements to maximise distance between people• Clean your car between journeys ensuring door handles and any areas that may have been touched• Wear face masks		Everyone who is travelling		
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